

International Island Games Association

The Sports and Sports By-Laws

PART 1 – GENERAL

This Section applies to all of the approved Sports as listed below.

Section 1 - The Sports

1.1 The Approved Sports are:

- Archery
- Athletics
- Badminton
- Basketball
- Bowls – one from Indoor Bowls, Outdoor Bowls or Ten Pin Bowling
- Cycling
- Football
- Golf
- Gymnastics
- Judo
- Sailing - may also include Sailboarding
- Shooting
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball - may also include Beach Volleyball

1.2 For clarification Sailing and Sailboarding are not separate sports.

1.3 For clarification Volleyball and Beach Volleyball are not separate sports

1.4 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling but only one discipline can be held at a Games.

Section 2 - The Responsibilities of the Host Island Organising Committee

2.1 The IIGA retains overall control of the Games.

2.2 The Organising Committee shall ensure all sports operate under the IIGA Constitution Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.

- 2.3** The Host Island Organising Committee (hereafter called 'the Organising Committee') shall provide medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment
- 2.4** The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee.
- 2.5** The Organising Committee shall be responsible for appointing all Sports Technical Officials for the Games
- 2.6** The Organising Committee shall appoint a suitably qualified and experienced Sports Director who shall be responsible for ensuring that each sport is properly administered.
- 2.7** The Organising Committee shall appoint suitably qualified and experienced Coordinators for each sport; who will, in partnership with the Host Island's Sport Governing Body, be responsible for arranging the competitions and ensuring that all necessary venues and facilities meet with the requirements of the IIGA Guidelines and Sports By-laws. Any doubt that exists as to the suitability of any venue or facility must be reported immediately to the Executive Committee by the Organising Committee.
- 2.8** Each Sport Coordinator shall arrange a suitable date, time and venue for both the Pre-Competition and Post-Competition Sports Team Managers Meetings.

Section 3 - Sports Team Managers Meetings

3.1 Arrangements

- 3.1.1 Each Sport Coordinator shall be responsible for:
- Notifying all of the competing Member Islands Team Managers, the Chairman and/or Secretary of the Technical Committee and the General Secretary of the IIGA of the date, time and venue of the Pre-Competition Sports Team Managers meeting 2 weeks before the Opening Ceremony of the Games.
 - Ensuring that the date, time and venue of the Post-Competition Sports Team Managers Meeting are confirmed during the Pre-Competition Sports Team Managers Meeting.
- 3.1.2 The Meeting shall be chaired by the Chairman of that Sport's Technical Committee.
- 3.1.3 The Secretary to that Sport's Technical Committee shall act as Secretary for the Meeting

3.2 Attendance – those entitled to attend are:

- A maximum of 2 representatives of each of the competing Member Island Sports Teams
- The Technical Committee including any Co-opted Members for that sport.
- An Observer from the Sport's International Federation (if appropriate).
- The Senior Official responsible for conducting the event

- The Host Island Sport Coordinator.
- The future Host Island Sport Coordinator
- The IIGA Officers and Executive Committee Members.

3.3 Voting Rights

3.3.1 1 vote only per Member Island present

3.3.2 The Chairman shall have the casting vote if required.

3.4 The Pre-Competition Sports Team Managers Meeting

3.4.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
 - Introduce:
 - Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - confirm those voting Members present
 - confirm the Programme and Order of Events
 - clarify the Rules e.g. seeding
 - notify meeting of withdrawals etc.
 - explain the procedures to be followed
 - confirm arrangements for training and warm-up
 - medal presentations
 - explain the appeals process
 - take questions from the floor
- 4 Appoint of a Jury of Appeal
- 5 Any Other Business
- 6 Confirm the day, time and place of the Post-Competition Sports Team Managers Meeting.

3.5 The Post-Competition Sports Team Managers Meeting

3.5.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -

- Introduce:
 - Member/s of the IIGA Executive Committee (if present)
 - The Technical Committee Members including any co-opted Members
 - Host Island Sport Coordinator
 - Observer from the International Federation (if present)
 - Confirm those voting Members present
 - 4 Approve the Minutes of the last meeting (if available)
 - 5 Matters arising from the Minutes
 - 6 Review all aspects of the current Games:
 - pre-Games information
 - entries
 - programme
 - officiating
 - results service
 - 7 Agree an outline Programme for the next Games
 - 8 Formulate recommendations, if any, for the next Organising Committee
 - 9 Review the sport specific IIGA By-laws and forward any proposed amendments to the Technical Committee.
 - 10 Elect a Technical Committee to serve until the conclusion of the next Games. Contact details for the Chairman and Secretary to be noted in the Minutes of the meeting.
 - 11 Any Other Business
- 3.5.2 The Sports Coordinator for the next Games should, if possible, be present at this meeting.
- 3.5.3 Within 2 months of the Closing Ceremony of the Games
- Minutes of both the Pre-Competition and Post-Competition Sports Team Manager Meetings should be sent to the General Secretary of the IIGA, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to any new Member Island
 - **The General Secretary of the IIGA must be informed of the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee**

Section 4 - The Sports Technical Committees

4.1 Meetings

The Technical Committee may meet at such times as is deemed necessary during the course of the Games.

4.2 Appointment

Each Sports Technical Committee:

- Will be elected at the Post-Competition Sports Team Managers Meeting and serve until the conclusion of the next Games.
- Shall consist of a minimum of 3 and a maximum of 6 Sports Team Members, preferably from different Member Islands.
- Shall have either a permanent Chairman or Secretary to ensure continuity.
- Include a representative from both of the future Host Islands (if applicable).

4.3 Roles & Responsibilities

4.3.1 Each Technical Committee shall:

- Oversee the Technical arrangements for their sport during the Games.
- Ensure that all sports shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.
- Each Technical Committee may co-opt non-voting persons to act as advisers.

4.3.2 In the period between the Games the Technical Committees will act in an advisory capacity for the Executive Committee, the next Host Island Organising Committee and Sport Coordinator.

4.3.3 Any proposed amendment to the Sports By-laws must be forwarded by the Technical Committee to the General Secretary of the IIGA no later than 6 months before the Games at which the changes will come into effect for approval by the IIGA Executive Committee.

Section 5 – Jury of Appeal

5.1 The Jury of Appeal for all sports will:

- Be appointed at the Pre-Competition Sports Team Managers Meeting.
- Consist of a panel of 5 Members, preferably from different competing Member Islands, plus a non-voting Secretary.
- Have no more than 40% of the Members from 1 Member Island.
- Require a minimum of 3 Members, plus the Secretary, to hear an appeal.
- A Member of the Jury of Appeal cannot participate in an appeal which concerns a competitor from the same Member Island.
- Permit the official International Federation Delegate/Observer of the sport or event to attend if present at the Games but not have a vote.

Section 6 Protests and Complaints

6.1 Any protests or complaints will be investigated by the Referee and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court. The Court will not deal with any protests or complaints made against a referee or other official regarding placing, fouling or other facts of the competition save for exceptional circumstances.

PART 2 – SPORTS SPECIFIC BY-LAWS

Section 6 - The Sports By-laws

Cycling By-laws

Section 1 - Competition Rules

- 1.1** The Cycling competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations shall also operate under the Union Cycliste Internationale (UCI) Rules.
- 1.2** The competition will be open to riders of National Federations that are affiliated to Union Cycliste Internationale (UCI).
- 1.3 Competitor Affiliation**
- 1.3.1** All competitors must be holders of a current valid UCI recognised racing licence. If applicable, the licence must be endorsed by their National Governing Body for overseas/international competition.
- 1.3.2** The Competition is open to riders of National Federations that are affiliated to the UCI.

Section 2 – General

2.1 Island Representation

- 2.1.1** In each of **Road Events** a Member Island is permitted a maximum of 5 Male competitors and 5 Female competitors.
- 2.1.2** In each **Mountain Biking** a Member Island is permitted a maximum of 5 Male competitors and 5 Female competitors.
- 2.1.3** A Member Island may register a maximum number of 10 riders across the Road and MTB events for each of the Male and Female categories, i.e.a maximum team size of 20. This will give team managers the opportunity to register riders for events they are best suited to. To clarify, it shall be permissible for a road competitor or a mountain bike competitor to compete in the other discipline provided that the overall Team size of 5 is not exceeded in either discipline.
- 2.1.4** It Shall be permissible to substitute pre-registered riders with other pre-registered riders proving a medical/doctors note is submitted explaining the reasons for the substitution

2.2 Age of Competitors

- 2.2.1** The minimum age limit for cycling competitors will be:
- Male: 17 years in the year of the event providing this is in line with the regulations of the host country
- Female: 17 years in the year of the event.
- No dispensation will be allowed.

- 2.2.2 In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

2.3 Officials

- 2.3.1 To be appointed by the Organising Committee.
- 2.3.2 The competition will be controlled by a UCI recognised, National Commissaire and additional or assistant Commissaries' to be appointed from the Governing Federation of Cycling of the Host Island. A Timekeeper or assistant Timekeeper or such other officials as the Organising Committee considers necessary for the smooth running of the event, all of whom shall be suitably qualified.

2.4 Events

- 2.4.1 Recommended Programme:
Time Trial
Mountain Bike Short Track
Road Race
Mountain Bike Cross Country
Road Criterium
- 2.4.2 The Projected programme of events, including dates, times and distances to be circulated to the Technical Committee approximately one year prior to the Games
- 2.4.3 A competition handbook should be produced and circulated via email to all Member Island Team Managers entered as soon as is practicable. This should contain details of all events, courses and meetings.
- 2.4.4 The host island's organiser for cycling is encouraged and advised to liaise with the Technical Committee on a regular basis during the planning phase of the Games on any matters of concern, they are there to help.

2.5 Training

- 2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.
- 2.5.2 The Organising Committee shall provide training areas and transportation for all delegations, which must correspond, to the number of competitors. Training hours should be coordinated with the Member Islands and be included in a training timetable.

2.6 Draws for Events/Gridding

- 2.6.1 Seeding - The reigning champion of the Time Trial to be the last seeded rider.

- 2.6.2 Member islands will submit to the cycling organising committee the seeding order of their riders for the time trial.
- 2.6.2 Griding for teams for the road race and road crit will be drawn at the pre-games meeting
- 2.6.3 Griding for the MTB Short Track (XCC) races will be determined by a rider's position in a 1 lap TT of the XCC course on the day of the event.
- 2.6.4 Griding for the MTB Cross Country (XCO) races will be determined by a riders position the XCC race.
- 2.6.5 Any rider who does not take part in the XCC, or is a DNS or DNF in the XCC, but intends to take part in the XCO will be seeded at the back of the grid for the XCO.

2.7 Venues

The Organising Committee shall ensure that the race course or the competition grounds do not include places or situations that could constitute a particular safety risk to anyone (riders, attendants, officials, spectators). The Organising Committee must provide an adequate security service and organise efficient cooperation with the police etc.

2.8 Equipment

- 2.8.1 UCI Compliant Road bikes only to be used for the Time Trial, this includes the wheels. No added aero enhancing equipment will be allowed. For example, no clip-on bars, disc wheels or specialist TT aero helmets.
- 2.8.2 Each competitor shall ensure that his equipment (bicycle with accessories and other devices fitted, headgear, clothing, etc.) does not constitute any danger to himself or to others. The IIGA shall not be liable for any consequences deriving from the choice of the equipment used by license holders, nor for any defects it may have or its non-compliance. In no event shall the fact that a rider has been able to take part in the competition give rise to liability on the part of the IIGA.

2.9 Clothing

- 2.9.1 The regulation of UCI concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.
- 2.9.2 For the Games competition each Member Island Team may use only a single design of clothing which must remain unaltered throughout the Games week. The Organising Committee must be notified of the details, specifying the colours and their arrangement of each Member Island's Team clothing. All reasonable efforts shall be made by each Member Island Team to have the name of their Island clearly shown on race apparel.

2.10 Medical

2.10.1 The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.10.2 Facilities for rapid transfer to hospital must be available. Prior to the start of the first race, the Organiser must make available to starting Teams a list of the hospital(s) contacted to handle any injuries.

2.11 Medals

Gold Silver and Bronze medals will be awarded to the 3 highest placed finishers in each Individual Event and to each Member of a Team finishing in the top 3 places. However, the number of individuals and counting teams in each event will determine if the full range of medals can be awarded.

2.12 Protests and Complaints

Any protests or complaints will be investigated by the Chief Commissaire and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

2.13 Timing

Electronic timing to be used for all events with a suitable backup timing system.

2.14 Banned Substances and Drug Testing

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

Section 3 - Technical Committee See PART 1 – GENERAL Section 4 – The Sports Technical Committees

3.1 **Meetings** – See Section 4.1 - page 5

3.2 **Appointment** – See Section 4.2 - page 5

Section 4 – Pre and Post-Competition Sports Team Managers Meetings - See PART 1 – GENERAL Section 3 – Sports Team Managers Meetings

4.1 **The Pre-Competition Sports Team Managers Meeting** – See Section 3.4 - page 3

4.2 **The Post-Competition Sports Team Managers Meeting** – See Section 3.5 - pages 3 & 4

4.3 **Jury of Appeal** – See Section 5 - pages 5 & 6

Section 5 - Individual Competitions

5.1	Discipline	Recommended Distances/Duration	
		Women	Men
	Time Trial	30 Km max	30 Km max
	Mountain Bike short track (XCC)	20 min max	20 min max
	Road Race	60–75 Km max	100–120 Km max
	Mountain Bike Cross Country (XCO)	60- 70 Mins max	80 - 90 Mins max
	Road Criterium	40-45 min max	50-55 min max
5.2	The length of the Individual Road Race to be at the discretion of the Organising Committee dependent on the topography.		
5.3	If a following service car is to be used in the road race convoy a UCI recognised licence, endorsed as “Team Manager” must be presented to the Chief Commissar at Road Race sign on.		
5.4	The last event to be the Individual Road/Town Criterium with the distribution of other events to be at the discretion of the Organising Committee.		
5.5	The events must take place at a suitable time, taking into account local conditions.		
5.6	Any races that are offered to one gender must also be offered to the other gender.		
5.8	The whole course to be rideable for the Mountain Bike XCC event		
5.8	Where a race duration is recommended for an event, the target race time will be for that of the winner.		
5.9	The Road Race should be run, if possible, as a circuit to make it easier to control.		
5.10	In the Time Trial each Member Island is permitted to have a following vehicle for 1 nominated male and 1 nominated female rider only. These vehicles/riders are to have a neutral observer with them and are to be made known to the Organiser at the event sign-on.		
5.11	Each Discipline to be run on separate days, with Monday to Friday being the recommended schedule of events, with the order of events as noted in section 5.1		

Section 6 - Team Competitions. The team competitions will be based on the results of the individual competitions

- 2.5 In the Men’s Time Trial the Team award will be based on the combined times of the fastest three riders from each counting team. Teams with less than three riders will not be counted. The lowest combined time will win the Gold medal etc.
- 2.6 In the women’s Time Trial the Team award will be based on the combined times of the fastest two riders from each counting team. Teams with less than two riders will not be counted. The lowest combined time will win the Gold medal etc.
- 2.7 In the Men’s Road and Road Criterium races the Team award will be based on the

combined positions of the first three riders from each counting team (i.e. 1 point for 1st, 2 points for 2nd etc). Teams with less than three riders will not be counted. The lowest combined score will win the Gold medal etc. In the case of a tied score, the team with the highest placed individual rider will rank higher.

- 2.8 In the Women's Road and Road Criterium races the Team award will be based on the combined positions of the first two riders from each counting team (i.e. 1 point for 1st, 2 points for 2nd etc). Teams with less than two riders will not be counted. The lowest combined score will win the Gold medal etc. In the case of a tied score, the team with the highest placed individual rider will rank higher.
- 2.9 In the Men's MTB XCC and XCO races the Team award will be based on the combined positions of the first three riders from each counting team (i.e. 1 point for 1st, 2 points for 2nd etc). Teams with less than three riders will not be counted. The lowest combined score will win the Gold medal etc. In the case of a tied score, the team with the highest placed individual rider will rank higher.
- 2.10 In the Women's MTB XCC and XCO races the Team award will be based on the combined positions of the first two riders from each counting team (i.e. 1 point for 1st, 2 points for 2nd etc). Teams with less than two riders will not be counted. The lowest combined score will win the Gold medal etc. In the case of a tied score, the team with the highest placed individual rider will rank higher.