

## **International Island Games Association**

### **The Sports and Sports By-Laws**

#### **PART 1 – GENERAL**

**This Section applies to all of the approved Sports as listed below.**

#### **Section 1 - The Sports**

##### **1.1 The Approved Sports are:**

- Archery
- Athletics
- Badminton
- Basketball
- Bowls – one from Indoor Bowls, Outdoor Bowls or Ten Pin Bowling
- Cycling
- Football
- Golf
- Gymnastics
- Judo
- Sailing - may also include Sailboarding
- Shooting
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball - may also include Beach Volleyball

**1.2** For clarification Sailing and Sailboarding are not separate sports.

**1.3** For clarification Volleyball and Beach Volleyball are not separate sports

**1.4** 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling but only one discipline can be held at a Games.

#### **Section 2 - The Responsibilities of the Host Island Organising Committee**

**2.1** The IIGA retains overall control of the Games.

**2.2** The Organising Committee shall ensure all sports operate under the IIGA Constitution Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.

- 2.3** The Host Island Organising Committee (hereafter called 'the Organising Committee') shall provide medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment
- 2.4** The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee.
- 2.5** The Organising Committee shall be responsible for appointing all Sports Technical Officials for the Games
- 2.6** The Organising Committee shall appoint a suitably qualified and experienced Sports Director who shall be responsible for ensuring that each sport is properly administered.
- 2.7** The Organising Committee shall appoint suitably qualified and experienced Coordinators for each sport; who will, in partnership with the Host Island's Sport Governing Body, be responsible for arranging the competitions and ensuring that all necessary venues and facilities meet with the requirements of the IIGA Guidelines and Sports By-laws. Any doubt that exists as to the suitability of any venue or facility must be reported immediately to the Executive Committee by the Organising Committee.
- 2.8** Each Sport Coordinator shall arrange a suitable date, time and venue for both the Pre-Competition and Post-Competition Sports Team Managers Meetings.

### **Section 3 - Sports Team Managers Meetings**

#### **3.1 Arrangements**

- 3.1.1** Each Sport Coordinator shall be responsible for:
- Notifying all of the competing Member Islands Team Managers, the Chairman and/or Secretary of the Technical Committee and the General Secretary of the IIGA of the date, time and venue of the Pre-Competition Sports Team Managers meeting 2 weeks before the Opening Ceremony of the Games.
  - Ensuring that the date, time and venue of the Post-Competition Sports Team Managers Meeting are confirmed during the Pre-Competition Sports Team Managers Meeting.
- 3.1.2** The Meeting shall be chaired by the Chairman of that Sport's Technical Committee.
- 3.1.3** The Secretary to that Sport's Technical Committee shall act as Secretary for the Meeting

#### **3.2 Attendance – those entitled to attend are:**

- A maximum of 2 representatives of each of the competing Member Island Sports Teams
- The Technical Committee including any Co-opted Members for that sport.
- An Observer from the Sport's International Federation (if appropriate).
- The Senior Official responsible for conducting the event
- The Host Island Sport Coordinator.

- The future Host Island Sport Coordinator
- The IIGA Officers and Executive Committee Members.

### **3.3 Voting Rights**

3.3.1 1 vote only per Member Island present

3.3.2 The Chairman shall have the casting vote if required.

### **3.4 The Pre-Competition Sports Team Managers Meeting**

3.4.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
  - Introduce:
    - Member/s of the IIGA Executive Committee (if present)
    - The Technical Committee Members including any co-opted Members
    - Host Island Sport Coordinator
    - Observer from the International Federation (if present)
  - confirm those voting Members present
  - confirm the Programme and Order of Events
  - clarify the Rules e.g. seeding
  - notify meeting of withdrawals etc.
  - explain the procedures to be followed
  - confirm arrangements for training and warm-up
  - medal presentations
  - explain the appeals process
  - take questions from the floor
- 4 Appoint of a Jury of Appeal
- 5 Any Other Business
- 6 Confirm the day, time and place of the Post-Competition Sports Team Managers Meeting.

### **3.5 The Post-Competition Sports Team Managers Meeting**

3.5.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
  - Introduce:

- Member/s of the IIGA Executive Committee (if present)
  - The Technical Committee Members including any co-opted Members
  - Host Island Sport Coordinator
  - Observer from the International Federation (if present)
  - Confirm those voting Members present
- 4 Approve the Minutes of the last meeting (if available)
  - 5 Matters arising from the Minutes
  - 6 Review all aspects of the current Games:
    - pre-Games information
    - entries
    - programme
    - officiating
    - results service
  - 7 Agree an outline Programme for the next Games
  - 8 Formulate recommendations, if any, for the next Organising Committee
  - 9 Review the sport specific IIGA By-laws and forward any proposed amendments to the Technical Committee.
  - 10 Elect a Technical Committee to serve until the conclusion of the next Games. Contact details for the Chairman and Secretary to be noted in the Minutes of the meeting.
  - 11 Any Other Business
- 3.5.2 The Sports Coordinator for the next Games should, if possible, be present at this meeting.
- 3.5.3 Within 2 months of the Closing Ceremony of the Games
- Minutes of both the Pre-Competition and Post-Competition Sports Team Manager Meetings should be sent to the General Secretary of the IIGA, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to any new Member Island
  - **The General Secretary of the IIGA must be informed of the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee**

## Section 4 - The Sports Technical Committees

### 4.1 Meetings

The Technical Committee may meet at such times as is deemed necessary during the course of the Games.

### 4.2 Appointment

Each Sports Technical Committee:

- Will be elected at the Post-Competition Sports Team Managers Meeting and serve until the conclusion of the next Games.
- Shall consist of a minimum of 3 and a maximum of 6 Sports Team Members, preferably from different Member Islands.
- Shall have either a permanent Chairman or Secretary to ensure continuity.
- Include a representative from both of the future Host Islands (if applicable).

#### **4.3 Roles & Responsibilities**

##### **4.3.1 Each Technical Committee shall:**

- Oversee the Technical arrangements for their sport during the Games.
- Ensure that all sports shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.
- Each Technical Committee may co-opt non-voting persons to act as advisers.

4.3.2 In the period between the Games the Technical Committees will act in an advisory capacity for the Executive Committee, the next Host Island Organising Committee and Sport Coordinator.

4.3.3 Any proposed amendment to the Sports By-laws must be forwarded by the Technical Committee to the General Secretary of the IIGA no later than 6 months before the Games at which the changes will come into effect for approval by the IIGA Executive Committee.

#### **Section 5 – Jury of Appeal**

##### **5.1 The Jury of Appeal for all sports will:**

- Be appointed at the Pre-Competition Sports Team Managers Meeting.
- Consist of a panel of 5 Members, preferably from different competing Member Islands, plus a non-voting Secretary.
- Have no more than 40% of the Members from 1 Member Island.
- Require a minimum of 3 Members, plus the Secretary, to hear an appeal.
- A Member of the Jury of Appeal cannot participate in an appeal which concerns a competitor from the same Member Island.
- Permit the official International Federation Delegate/Observer of the sport or event to attend if present at the Games but not have a vote.

## **PART 2 – SPORTS SPECIFIC BY-LAWS**

### **Section 6 - The Sports By-laws**

#### **Triathlon By-laws**

##### **Section 1 - Competition Rules**

- 1.1** The Triathlon competition shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations shall also operate under the International Triathlon Union (ITU) Rules.
- 1.2** Should there be any changes to the ITU Rules which would apply to the competition these changes must be notified in writing to all Member Islands at least 12 months prior to the Opening Ceremony of the Games in which the competition takes place.
- 1.3** All competitors must hold a current racing licence, endorsed for overseas/international competition where applicable i.e. when competing outside their own Governing Bodies' jurisdiction, issued by their National Governing Body who should be affiliated to or be recognised by the International Triathlon Union.
- 1.4** Male and female competitors shall compete on equal status in their separate events but will all race together on exactly the same course. The male race will begin 15 minutes before the female race. Both will compete under the same Rules and Regulations.

##### **Section 2 – General**

###### **2.1 Island Representation**

###### **2.1.1 Individual Competition Standard Distance Race**

- 2.1.1.1** A Member Island is permitted a maximum of 10 competitors, either all male, all female or mixed.
- 2.1.1.2** There will be separate Men's and Women's Events.

###### **2.1.2 Team Competition – Standard Distance Race**

- 2.1.2.1** Men's Team - a minimum of 3 competitors per Member Island, however if there are not enough male athletes to allow 4 different Member Island teams to compete, the Host Island has the discretion to reduce the minimum team size to 2 competitors.
- 2.1.2.2** Women's Team - a minimum of 3 competitors per Member Island, however if there are not enough female athletes to allow 4 different Member Island teams to compete, the Host Island has the discretion to reduce the minimum team size to 2 competitors.
- 2.1.2.3** There will be a separate Team competition for Men and Women and all competitors entered in the Individual competition will form part of their relevant Team.

###### **2.1.3 Team Competition – Relay Race (Optional Event)**

- 2.1.3.1** Each Relay Team will consist of 3 competitors, 2 males and 1 female.

- 2.1.3.2 Each Member Island is permitted a maximum of 3 relay teams
- 2.1.3.3 Where numbers prevent competitors racing as a part of a team from their Member Island, teams of athletes from different Member Islands can be established, although they will not be eligible for medals / points.
- 2.1.3.4 Team members race one at a time, starting with the male competitor who completes the course and tags the female team member, who completes the course then tags the second male competitor in the team.

## **2.2 Age of Competitors**

- 2.2.1 The minimum age shall be 18 years of age on 31<sup>st</sup> December in the year of the competition, although younger age competitors may be allowed at the discretion of the Organising Committee.
- 2.2.2 In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

## **2.3 Officials**

- 2.3.1 To be appointed by the Organising Committee
- 2.3.2 The competition will be controlled by the Race Organiser, Race Referee, Drafting Commissars (according to field size) and Timekeeper all of whom shall be suitably qualified.
- 2.3.2.1 Race Officials e.g. Drafting Commissars and Race Referee should be independent and be drawn from outside of the Member Islands.

## **2.4 Events**

- 2.4.1.1 One Standard Distance Race
  - Swimming 1500m
  - Cycling 40km Non-Drafting
  - Running 10km
- 2.4.1.2 **One Relay Race (Optional)**
  - Swimming 400m
  - Cycling 6km Non-Drafting
  - Running 1.5km

## **2.4.2 Race Courses**

- 2.4.2.1 The Organising Committee should design event courses that place safety as the first priority.
- 2.4.2.2 The cycle and run sections of the course should be on closed roads whenever possible and at all times traffic should be controlled at road junctions to minimise potential disruption to the races.

**2.4.3 Competition Programme**

A detailed plan of the swim, bike and run courses, clearly showing the number of laps and elevations where necessary, must be sent to all participating Member Islands at least 3 months prior to the Competition.

**2.4.4 Drafting**

Both events are non-drafting and all of the non-drafting Rules as detailed in the ITU Regulations will apply.

**2.5 Training**

Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.

**2.6 Equipment**

2.6.1 All competitors are to provide their own clothing, and equipment including bicycles.

2.6.2 The Organising Committee may choose to offer a wheel stop to competitors of the Standard Distance Event, where the course is suitable. The maximum number of wheels allowed at a race stop should be at the discretion of the Organising Committee.

2.6.3 The Organising Committee shall have absolute discretion to allow or restrict the use of disc wheels, as required by the weather conditions / forecast, to ensure the safety of competitors on race days.

**2.7 Clothing**

2.7.1 The regulation of ITU concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

2.7.2 A copy of the ITU clothing rules should be sent to all participating Member Islands at least 3 months prior to the competition.

**2.8 Medical**

2.8.1 The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

2.8.2 It is the responsibility of individual competitors from each participating Member Island to ensure they hold adequate medical insurance to cover them whilst participating in the triathlon event(s) in the Games.

2.8.3 A full risk assessment should be carried out at least 3 months before the event by the Organising Committee and this should be communicated to all participating Member Islands. Sufficient medical support must be provided on race day.

**2.8.4 Water Stations – Standard Distance Event**

Access must be provided to at least one water station. Where the air temperature exceeds 30 degrees Celsius at race transition, water stations may also be provided on the bike course and additional water stations should be provided on the run course.



**2.9 Medals****2.9.1 Standard Distance Event**

Provided the IIGA minimum entry criteria has been met Gold Silver and Bronze Medals will be awarded following the event to the first 3 male and first 3 female Individuals and all members of the first 3 male Teams and the first 3 female Teams. Whilst the team positions are determined by the fastest 3 males and fastest 3 females in each team, all competitors of the same sex from a team being awarded medals shall receive a medal.

**2.9.2 Relay Event**

Provided the IIGA minimum entry criteria has been met, Gold, Silver and Bronze Medals will be awarded following the events to all members of the first 3 Teams from different competing Member Islands. Where multiple teams have entered from the same Member Island, only one of these teams will be eligible for medals.

**2.10 Protests and Complaints**

Any protests or complaints will be investigated by the Race Organiser and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

**2.11 Banned Substances and Drug Testing**

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

**Section 3 - Technical Committee - See PART 1 – GENERAL Section 4 – The Sports Technical Committees**

**3.1 Appointment** – See Section 4.2 - page 5

**3.2 Meetings** – See Section 4.1 - page 5

**Section 4 – Pre and Post-Competition Sports Team Managers Meetings - See PART 1 – GENERAL Section 3 – Sports Team Mangers Meetings**

**4.1 The Pre-Competition Sports Team Managers Meeting** – See Section 3.4 - page 5

**4.2 The Post-Competition Sports Team Managers Meeting** – See Section 3.5 - pages 3 & 4

**4.3 The Jury of Appeal** - See Section 5 - pages 5 & 6

**Section 5 – Individual Competition – Standard Distance Race**

Single entries will count for the Individual Event only.

**Section 6 – Team Competition – Standard Distance Race**

- 6.1** The first 3 men and first 3 women of each Team to finish shall count in their separate Team Event, however if there are not enough athletes to allow 4 different Member Island Teams to compete in either the male or female teams, the Organising Committee has the discretion to reduce the minimum team sizes to 2 competitors in either, or both, the male and female teams.
- 6.2** The finishing position of the Teams shall be decided by the aggregate times of the counting competitors of each Team.
- 6.3** Teams of larger than 3 men and 2 women competitors need not nominate who is competing in the Team race as all competitor from a particular Member Island are automatically entered in the Team Event.

**Section 7 – Team Competition – Relay Race**

The finishing position of the Teams shall be decided by the aggregate times of the 3 team members.

**Section 8 – Handover to the Next Host Island**

- 8.1** Following the Games, handover notes should be prepared by the Host Island detailing the course, procedures and any challenges experienced in the races; this should be distributed to the next Host Island.