

## **International Island Games Association**

### **The Sports and Sports By-Laws**

#### **PART 1 – GENERAL**

**This Section applies to all of the approved Sports as listed below.**

##### **Section 1 - The Sports**

###### **1.1 The Approved Sports are:**

- Archery
- Athletics
- Badminton
- Basketball
- Bowls – one from Indoor Bowls, Outdoor Bowls or Ten Pin Bowling
- Cycling
- Football
- Golf
- Gymnastics
- Judo
- Sailing - may also include Sailboarding
- Shooting
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball - may also include Beach Volleyball

**1.2** For clarification Sailing and Sailboarding are not separate sports.

**1.3** For clarification Volleyball and Beach Volleyball are not separate sports

**1.4** 'Bowls' shall include Indoor Bowls, Outdoor Bowls and Ten Pin Bowling but only one discipline can be held at a Games.

##### **Section 2 - The Responsibilities of the Host Island Organising Committee**

**2.1** The IIGA retains overall control of the Games.

**2.2** The Organising Committee shall ensure all sports operate under the IIGA Constitution Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.

- 2.3** The Host Island Organising Committee (hereafter called 'the Organising Committee') shall provide medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment
- 2.4** The Organising Committee shall ensure that each sport in the Games is overseen by a Technical Committee.
- 2.5** The Organising Committee shall be responsible for appointing all Sports Technical Officials for the Games
- 2.6** The Organising Committee shall appoint a suitably qualified and experienced Sports Director who shall be responsible for ensuring that each sport is properly administered.
- 2.7** The Organising Committee shall appoint suitably qualified and experienced Coordinators for each sport; who will, in partnership with the Host Island's Sport Governing Body, be responsible for arranging the competitions and ensuring that all necessary venues and facilities meet with the requirements of the IIGA Guidelines and Sports By-laws. Any doubt that exists as to the suitability of any venue or facility must be reported immediately to the Executive Committee by the Organising Committee.
- 2.8** Each Sport Coordinator shall arrange a suitable date, time and venue for both the Pre-Competition and Post-Competition Sports Team Managers Meetings.

### **Section 3 - Sports Team Managers Meetings**

#### **3.1 Arrangements**

3.1.1 Each Sport Coordinator shall be responsible for:

- Notifying all of the competing Member Islands Team Managers, the Chairman and/or Secretary of the Technical Committee and the General Secretary of the IIGA of the date, time and venue of the Pre-Competition Sports Team Managers meeting 2 weeks before the Opening Ceremony of the Games.
- Ensuring that the date, time and venue of the Post-Competition Sports Team Managers Meeting are confirmed during the Pre-Competition Sports Team Managers Meeting.

3.1.2 The Meeting shall be chaired by the Chairman of that Sport's Technical Committee.

3.1.3 The Secretary to that Sport's Technical Committee shall act as Secretary for the Meeting

#### **3.2 Attendance – those entitled to attend are:**

- A maximum of 2 representatives of each of the competing Member Island Sports Teams
- The Technical Committee including any Co-opted Members for that sport.
- An Observer from the Sport's International Federation (if appropriate).

- The Senior Official responsible for conducting the event
- The Host Island Sport Coordinator.
- The future Host Island Sport Coordinator
- The IIGA Officers and Executive Committee Members.

### **3.3 Voting Rights**

- 3.3.1 1 vote only per Member Island present
- 3.3.2 The Chairman shall have the casting vote if required.

### **3.4 The Pre-Competition Sports Team Managers Meeting**

#### 3.4.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
- 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
- 3 The Chairman should: -
  - Introduce:
    - Member/s of the IIGA Executive Committee (if present)
    - The Technical Committee Members including any co-opted Members
    - Host Island Sport Coordinator
    - Observer from the International Federation (if present)
  - confirm those voting Members present
  - confirm the Programme and Order of Events
  - clarify the Rules e.g. seeding
  - notify meeting of withdrawals etc.
  - explain the procedures to be followed
  - confirm arrangements for training and warm-up
  - medal presentations
  - explain the appeals process
  - take questions from the floor
- 4 Appoint of a Jury of Appeal
- 5 Any Other Business
- 6 Confirm the day, time and place of the Post-Competition Sports Team Managers Meeting.

### **3.5 The Post-Competition Sports Team Managers Meeting**

#### 3.5.1 Suggested agenda:

- 1 If the Chairman of the Technical Committee is not present one shall be appointed from those present.
  - 2 If the Secretary of the Technical Committee is not present one shall be appointed from those present.
  - 3 The Chairman should: -
    - Introduce:
      - Member/s of the IIGA Executive Committee (if present)
      - The Technical Committee Members including any co-opted Members
      - Host Island Sport Coordinator
      - Observer from the International Federation (if present)
    - Confirm those voting Members present
  - 4 Approve the Minutes of the last meeting (if available)
  - 5 Matters arising from the Minutes
  - 6 Review all aspects of the current Games:
    - pre-Games information
    - entries
    - programme
    - officiating
    - results service
  - 7 Agree an outline Programme for the next Games
  - 8 Formulate recommendations, if any, for the next Organising Committee
  - 9 Review the sport specific IIGA By-laws and forward any proposed amendments to the Technical Committee.
  - 10 Elect a Technical Committee to serve until the conclusion of the next Games. Contact details for the Chairman and Secretary to be noted in the Minutes of the meeting.
  - 11 Any Other Business
- 3.5.2 The Sports Coordinator for the next Games should, if possible, be present at this meeting.
- 3.5.3 Within 2 months of the Closing Ceremony of the Games
- Minutes of both the Pre-Competition and Post-Competition Sports Team Manager Meetings should be sent to the General Secretary of the IIGA, the Sports Coordinator of the next Host Island, to each Member Island that participated in the sport, and to any new Member Island
  - **The General Secretary of the IIGA must be informed of the names and contact details for both the Chairman and Secretary of the newly elected Sports Technical Committee**

## **Section 4 - The Sports Technical Committees**

### **4.1 Meetings**

The Technical Committee may meet at such times as is deemed necessary during the course of the Games.

### **4.2 Appointment**

Each Sports Technical Committee:

- Will be elected at the Post-Competition Sports Team Managers Meeting and serve until the conclusion of the next Games.
- Shall consist of a minimum of 3 and a maximum of 6 Sports Team Members, preferably from different Member Islands.
- Shall have either a permanent Chairman or Secretary to ensure continuity.
- Include a representative from both of the future Host Islands (if applicable).

### **4.3 Roles & Responsibilities**

#### **4.3.1** Each Technical Committee shall:

- Oversee the Technical arrangements for their sport during the Games.
- Ensure that all sports shall operate under the IIGA Constitution, Operational Guidelines and Sports By-laws and where there is no direct conflict they shall also operate under each Sport's International Federation Rules.
- Each Technical Committee may co-opt non-voting persons to act as advisers.

4.3.2 In the period between the Games the Technical Committees will act in an advisory capacity for the Executive Committee, the next Host Island Organising Committee and Sport Coordinator.

4.3.3 Any proposed amendment to the Sports By-laws must be forwarded by the Technical Committee to the General Secretary of the IIGA no later than 6 months before the Games at which the changes will come into effect for approval by the IIGA Executive Committee.

## **Section 5 – Jury of Appeal**

### **5.1** The Jury of Appeal for all sports will:

- Be appointed at the Pre-Competition Sports Team Managers Meeting.
- Consist of a panel of 5 Members, preferably from different competing Member Islands, plus a non-voting Secretary.
- Have no more than 40% of the Members from 1 Member Island.
- Require a minimum of 3 Members, plus the Secretary, to hear an appeal.

- A Member of the Jury of Appeal cannot participate in an appeal which concerns a competitor from the same Member Island.
- Permit the official International Federation Delegate/Observer of the sport or event to attend if present at the Games but not have a vote.

## **Section 6 Protests and Complaints**

**6.1** Any protests or complaints will be investigated by the Referee and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court. The Court will not deal with any protests or complaints made against a referee or other official regarding placing, fouling or other facts of the competition save for exceptional circumstances.

## **PART 2 – SPORTS SPECIFIC BY-LAWS**

### **Section 6 - The Sports By-laws**

#### **Athletics By-laws**

##### **Section 1 - Competition Rules**

- 1.1** The Athletics competition shall operate under the IIGA Constitutional Operational Guidelines and Sports By-laws and where there is no direct conflict with the aforesaid IIGA Rules and Regulations shall also operate under the IAAF Rules, as per IAAF Rule 1C).
- 1.2** In General IAAF Rule 166 should be adhered to but with the agreement of the Technical Committee, the Organising Committee may vary this in view of local circumstances and the constraints of the timetable.
- 1.3** **Entries** - Competitors should be entered in advance but amendments and deletions will be accepted at any Daily Managers' Meeting up to and including the day before the first round of the event. No additions are allowed after the pre-Games entry procedure is complete.

##### **Section 2 - General**

###### **2.1 Island Representation**

- 2.1.1 Individual** Maximum of 2 competitors per event per Member Island
- 2.1.2 Relays** 1 Team per Member Island to consist of 4 competitors in each round selected from a maximum of 6 competitors declared before the 1<sup>st</sup> round. Up to 2 changes are allowed between heats and the final.

###### **2.1.3 Half Marathon**

A Team consists of a minimum of 2 runners and a maximum of 3 runners. The 1<sup>st</sup> 2 runners of each Team to finish shall count. Single entries will count for the Individual event only.

###### **2.2 Age of Competitors**

- 2.2.1** The minimum age limit for both male and female competitors will be 15 years and for the Half Marathon 18 years as at the 1<sup>st</sup> of June in the year of the particular Games at which such competitor wishes to compete. No dispensation will be given.
- 2.2.2** In respect of competitors under the age of 18 years competing Member Islands must make arrangement for them to be correctly supervised and comply with all relevant child welfare legislation of their own Island and that of the Host Island.

###### **2.3 Officials**

- 2.3.1** To be appointed by the Organising Committee

2.3.2 The competition will be controlled by the Meeting Manager (IAAF Rule 122) and the Chief Officials all of whom should be suitably qualified to the following minimum standard:

- Starter (UK Athletics Level 5, or equivalent in Host country)
- Field Referee (UK Athletics Level 5, or equivalent in Host country)
- Track Referee (UK Athletics Level 5, or equivalent in Host country)
- Timekeeper (UK Athletics Level 5, or equivalent in Host country)
- Race Walking:  
Chief Judge (UK Athletics Level 5, or equivalent in Host country)

2.3.3 Other officials and Judges should be appointed in accordance with IAAF Rule 120, their duties being defined as per IAAF Rules 121 to 138.

## 2.4 Events

2.4.1 A programme of events shall be chosen from the following events:

<b>Men:</b>	100m	5000m Walk	Pole vault	Javelin
	200m	110m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		
<b>Women:</b>	100m	5000m Walk	Pole Vault	Javelin
	200m	100m Hurdles	High Jump	Discus
	400m	400m Hurdles	Long Jump	Shot Putt
	800m	4 x 100m Relay	Triple Jump	Hammer
	1500m	4 x 400m Relay		
	5000m	Half-Marathon		
	10000m	3000m Steeplechase		

### 2.4.2 Competition Programme

2.4.2.1 The following timetable should be followed as closely as possible, taking into account the prevailing weather and humidity conditions of the Host Island. In general, heats and preliminary rounds should be held in the morning, with all finals taking place in late afternoon and evening.

2.4.2.2 **Athletics Timetable** (if Half-Marathon is on Day 6) – to be preferred where possible. Extra rounds in bold italics will probably only be needed where the track only has 6 lanes.

#### Day 1 (normally Sunday)

pm **Men's Hammer** (safety factors might mean this happens before other events)



	<u>Men</u>		<u>Women</u>	
	<b>10,000m</b>	<b>F</b>	<b>3,000m Walk</b>	<b>F</b>
	200m	Heats	100m	Heats
			400m	Heats
	800m	Heats	1,500m	Heats
	<b>High Jump</b>	<b>F</b>	<b>Long Jump</b>	<b>F</b>
<b>Day 2 (Monday)</b>				
am	400m Hurdles	Heats	100m	S/F
	200m	S/F		
	800m	S/F		
pm	<b>400m Hurdles</b>	<b>F</b>	<b>100m</b>	<b>F</b>
	<b>200m</b>	<b>F</b>	<b>400m</b>	<b>S/F</b>
	<b>3,000m S/C</b>	<b>F</b>	<b>10,000m</b>	<b>F</b>
	<b>Shot Putt</b>	<b>F</b>	<b>Pole Vault</b>	<b>F</b>
			<b>Javelin</b>	<b>F</b>
<b>Day 3 (Tuesday)</b>				
am	110m Hurdles	Heats	100m Hurdles	Heats
	4 x 100m	Heats	4 x 100m	Heats
pm	<b>110m Hurdles</b>	<b>F</b>	<b>400m</b>	<b>F</b>
	<b>800m</b>	<b>F</b>	<b>100m Hurdles</b>	<b>F</b>
	<b>Discus</b>	<b>F</b>	<b>1,500m</b>	<b>F</b>
			<b>Shot Putt</b>	<b>F</b>
<b>Day 4 (Wednesday)</b>				
am	100m	Heats	200m	Heats
	400m	Heats	800m	Heats
	1,500m	Heats		
pm	<b>Women's Hammer</b> (safety factors might mean this happens before other events)			
	4 x 400m	Heats	4 x 400m	Heats
	<b>5,000m</b>	<b>F</b>	<b>5,000m</b>	<b>F</b>
	<b>Long Jump</b>	<b>F</b>	<b>High Jump</b>	<b>F</b>
	<b>Javelin</b>	<b>F</b>		
<b>Day 5 (Thursday)</b>				
am	100m	S/F	200m	S/F
	400m	S/F	400m Hurdles	Heats
			800m	S/F

pm	<b>100m</b>	<b>F</b>	<b>200m</b>	<b>F</b>
	<b>400m</b>	<b>F</b>	<b>400m Hurdles</b>	<b>F</b>
	<b>Pole Vault</b>	<b>F</b>	<b>3,000m S/C</b>	<b>F</b>
	<b>10,000m Walk</b>	<b>F</b>	<b>Discus</b>	<b>F</b>
			<b>Triple Jump</b>	<b>F</b>

**Day 6 (Friday)**

pm	<b>Half-Marathon</b>	<b>F (M &amp; W)</b>		
	<b>1,500m</b>	<b>F</b>	<b>800m</b>	<b>F</b>
	<b>4 x 100m</b>	<b>F</b>	<b>4 x 100m</b>	<b>F</b>
	<b>4 x 400m</b>	<b>F</b>	<b>4 x 400m</b>	<b>F</b>
	<b>Triple Jump</b>	<b>F</b>		

2.4.2.3 **Timetable** (if Half-Marathon is on Day 1)

Extra rounds in bold italics will probably only be needed where the track only has 6 lanes.

**Day 1** (normally Sunday)

am	Half-Marathon (M & W)			
pm	<b>Men's Hammer</b> (safety factors might mean this has to happen before other events)			

Men

200m	Heats
800m	Heats

Women

100m	Heats
400m	Heats
1,500m	Heats

<b>High Jump</b>	<b>F</b>	<b>Triple Jump</b>	<b>F</b>
		<b>3,000m Walk</b>	<b>F</b>

**Day 2** (Monday)

am	400m Hurdles	Heats	100m	S/F
	200m	S/F		
	800m	S/F		
pm	<b>400m Hurdles</b>	<b>F</b>	<b>100m</b>	<b>F</b>
	<b>200m</b>	<b>F</b>	<b>400m</b>	<b>S/F</b>
	<b>5,000m</b>	<b>F</b>	<b>Javelin</b>	<b>F</b>
	<b>Shot Putt</b>	<b>F</b>	<b>Pole Vault</b>	<b>F</b>

**Day 3** (Tuesday)

am	110m Hurdles	Heats	100m Hurdles	Heats
	4 x 100m	Heats	4 x 100m	Heats
pm	<b>110m Hurdles</b>	<b>F</b>	<b>100m Hurdles</b>	<b>F</b>

<b>800m</b>	<b>F</b>	<b>400m</b>	<b>F</b>
<b>Discus</b>	<b>F</b>	<b>3,000m S/C</b>	<b>F</b>
		<b>1,500m</b>	<b>F</b>
		<b>Shot Putt</b>	<b>F</b>

**Day 4 (Wednesday)**

am	100m	Heats	200m	Heats
	400m	Heats	800m	Heats
	1,500m	Heats		
pm	<b>Women's Hammer</b> (safety factors might mean this happens before other events)			
	4 x 400m	Heats	4 x 400m	Heats
	<b>3,000m S/C</b>	<b>F</b>	<b>10,000m</b>	<b>F</b>
	<b>Long Jump</b>	<b>F</b>	<b>High Jump</b>	<b>F</b>
	<b>Javelin</b>	<b>F</b>		

**Day 5 (Thursday)**

am	100m	S/F	200m	S/F
	400m	S/F	400m Hurdles	Heats
			800m	S/F
pm	<b>100m</b>	<b>F</b>	<b>200m</b>	<b>F</b>
	<b>400m</b>	<b>F</b>	<b>400m Hurdles</b>	<b>F</b>
	<b>Pole Vault</b>	<b>F</b>	<b>Discus</b>	<b>F</b>
	<b>10,000m Walk</b>	<b>F</b>	<b>Long Jump</b>	<b>F</b>

**Day 6 (Friday)**

pm	<b>10,000m</b>	<b>F</b>	<b>5,000m</b>	<b>F</b>
	<b>1,500m</b>	<b>F</b>	<b>800m</b>	<b>F</b>
	<b>4 x 100m</b>	<b>F</b>	<b>4 x 100mF</b>	
	<b>4 x 400m</b>	<b>F</b>	<b>4 x 400mF</b>	
	<b>Triple Jump</b>	<b>F</b>		

**2.5 Training**

- 2.5.1 Arrangements for any Pre-Games training/practice shall be made at the discretion of the Organising Committee.
- 2.5.2 Where possible the venue should be available for 2 days before the 1<sup>st</sup> event for training, and also at designated times during the Games when there is no competition.
- 2.5.3 If available, an alternative training venue can be provided, as long as the facilities conform to the relevant IAAF health and safety standards.

**2.5.4** Officials should be available at all training venues at designated training times for the issue of equipment and supervision of throwing practice sessions.

## **2.6 Draws for Events / Heats**

2.6.1 The draws should be in accordance with IAAF Rule 166.

2.6.2 Where the facility has only 6 lanes, the appropriate mathematical changes should be made to IAAF Rule 166 to allow for only 6 per heat in events run in lanes, and pro rata for middle and long distance events.

2.6.3 The only exception is the Relays where, because of the difficulty of accurate seeding for the Relay events within the Games, qualification from heats to the final will be:

a. 8 - Lane Track

- 9 - 16 Teams 1<sup>st</sup> 2 from each heat plus 4 fastest losers
- 17 - 24 Teams Winner of each heat plus 5 fastest losers

b. 6 - Lane Track

- 7 - 12 Teams Winner of each heat plus 4 fastest losers
- 13 - 18 Teams Winner of each heat plus 3 fastest losers

2.6.4 Draws should be made after the Team Managers Meeting on the day preceding the day of the competition and should be seeded wherever possible. These should be distributed to Team Managers as soon as practically possible.

## **2.7 Venues**

2.7.1 The venue should be an international standard synthetic track with a current competition licence from the National Governing Body.

2.7.1 It should have facilities for all the events included under section 2.4.1 above. Where this is not the case it should be made clear at the time of the Bid to Host the Games.

2.7.2 The venue should conform to IAAF Rules 140, 160 and those governing the specific field events.

2.7.3 There should be adequate areas for warm-up, both general and event-specific where possible.

2.7.4 Draws should be made after the Team Managers Meeting on the day preceding the day of competition and should be seeded wherever possible. These should be distributed to Tam Managers as soon as practically possible.

## **2.8 Equipment**

All equipment necessary for the holding of all events should be supplied, including starting blocks (IAAF Rule 161) and all field event equipment although competitors will be allowed to use their own equipment subject to IAAF Rule 187.

## **2.9 Clothing**

The regulation of IAAF Rule 143 concerning clothing and advertising on clothing will apply; provided that any further regulations that may be imposed by the IIGA shall take precedence.

**2.10 Medical**

The Organising Committee shall provide sufficient medical treatment during the competitions. Arrangements must be made with a nearby hospital for emergency treatment.

**2.11 Medals**

2.11.1 Sufficient medals should be ordered for all events as per the entries and the IIGA's own regulations.

2.11.2 The minimum numbers to award medals shall be based on the numbers of competitors that actually start the event subject always to the provisions of Section 15.3 of the Operational Guidelines. If less than three medals are to be awarded the Organising Committee must inform all competitors prior to the start of the event.

2.11.3 All competitors used in any round of the Relay events will receive a medal but only the 4 athletes used in the final will be presented with medals at the medal ceremony. Organising Committees should note that they may need up to 6 medals of each type for each of the Relays.

2.11.4 All three runners in the Half Marathon Team will receive a medal if they finish.

**2.12 Protests and complaints**

Any protests or complaints will be investigated by the Meeting Manager and a decision made by him/her. An appeal against this decision can be made to the Jury of Appeal with a further right of appeal by any aggrieved party to the Island Games Association Court.

**2.13 Banned Substances and Drug Testing**

All competitors in every event shall be subject to Section 9 of the Operational Guidelines of the IIGA.

**Section 3 - Technical Committee See PART 1 – GENERAL Section 4 – The Sports Technical Committees**

3.1 **Appointment** – See Section 4.2 - page 5

3.2 **Meetings** – See Section 4.1 - page 5

**Section 4 – Pre and Post-Competition Sports Team Managers Meetings - See PART 1 – GENERAL Section 3 – Sports Team Managers Meetings**

4.1 **The Pre-Competition Sports Team Managers Meeting** – See Section 3.4 - page 3

4.2 **The Post-Competition Sports Team Managers Meeting** – See Section 3.5 - pages 3 & 4

4.3 **Jury of Appeal** – See Section 5 - pages 5 & 6

**Section 5 - Individual Competitions**

5.1 Rules

See Rules 2.1 and 2.4.1 above

**5.2** Format

The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with IAAF rule 166.

**Section 6 Team Competitions**

**6.1** Rules

See Rules 2.1 and 2.4.1 above. The method of calculating the Team score for the Half Marathon shall be on the position of the finishers with points awarded for each finisher e.g. 1 for 1<sup>st</sup>, 2 for 2<sup>nd</sup>, etc. In the event of a tie, the Team whose 2<sup>nd</sup> runner finished in the highest position would be the winner.

**6.2** Format

The format shall be as per Rules 2.4.2 and 2.6 above. The number of rounds per event shall be decided in line with IAAF Rule 166 with the exception noted under Rule 2.6.3.

**Section 7 Games Records**

**7.1** Games Best Performance

If a performance is recorded that is better than the Games Record but with the benefit of wind assistance (in excess of the IAAF level) then it shall be listed as a Games Best Performance in the official Games Records together with the official record for that event.